



Mailing Address: Box 8071, Canmore AB, T1W 1A7
 Street Address: 20 Sandstone Terrace
 Phone: 403-678-9488

Email: bowvalleyfoodbank@telus.net

Website: bowvalleyfoodbank.ca

VOLUNTEER APPLICATION
PART I

Last Name: <input style="width:90%;" type="text"/>		First Name: <input style="width:90%;" type="text"/>	
Phone #: <input style="width:150px;" type="text"/>	Bus #: <input style="width:150px;" type="text"/>	E-mail Address: <input style="width:90%;" type="text"/>	
Address: <input style="width:90%;" type="text"/>		Postal Code: <input style="width:150px;" type="text"/>	
Emergency Contact: <input style="width:90%;" type="text"/>		Emergency Contact Phone #: <input style="width:150px;" type="text"/>	
Employer: <input style="width:90%;" type="text"/>		Occupation: <input style="width:90%;" type="text"/>	
Educational Background: <input style="width:95%;" type="text"/>			
Have you been convicted of a felony within the past five years ? <input type="checkbox"/> YES <input type="checkbox"/> NO			
If YES, please explain: <input style="width:95%; height: 40px;" type="text"/>			
Please provide two personal or professional references:			
Name: <input style="width:150px;" type="text"/>	Phone #: <input style="width:150px;" type="text"/>	Relationship: <input style="width:90%;" type="text"/>	
Name: <input style="width:150px;" type="text"/>	Phone #: <input style="width:150px;" type="text"/>	Relationship: <input style="width:90%;" type="text"/>	
Second Language(s): <input style="width:90%;" type="text"/>		Past Volunteer Experiences: <input style="width:90%;" type="text"/>	
What skills, training or knowledge do you wish to utilize? <input style="width:95%; height: 40px;" type="text"/>		Reason(s) for Choosing the Food Bank to Volunteer: <input style="width:95%; height: 40px;" type="text"/>	

I hereby attest that the above information is true to the best of my knowledge

Signature:

Today's Date:

OFFICE USE ONLY

Security Check : _____ Confidentiality Statement: _____

Orientation: _____

Six Month Review: _____ Date: _____

One Year Review: _____ Date: _____

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VOLUNTEER APPLICATION

PART II

HOW CAN YOU BE INVOLVED?

We appreciate you choosing to volunteer at the Food Bank. There are many important tasks involved with successfully operating the Food Bank. Please choose below where your interests lie. Keep in mind that over time your interests may change or evolve. We provide volunteer reviews at 6 months and 1 year in order for you to re-evaluate your involvement with the Food Bank and perhaps choose other opportunities within the organization.

CLIENT INTERACTION

This is extremely rewarding and involves talking with and screening clients for qualification of food hampers. We suggest that you try both client in-take and hamper pick up shifts if you can. Volunteers are asked to do at least two shifts per month and will work with an experienced volunteer for the first few shifts.

Client In-Take

Talking with clients on the telephone

Filling in client applications

There are always 2 volunteers per shift

Available Shifts

Monday (6-7pm)

Wednesday (6-7pm)

Hamper Pick Up

Meeting the clients when they pick up hampers

There are always 2 volunteers per shift

Available Shifts

Tuesday (noon - 1pm)

Tuesday (6-7pm)

Thursday (6-7pm)

CLIENT NON-INTERACTION

These jobs are equally important but are not time-sensitive as they do not involve client interaction. A volunteer can choose to do any number of the tasks on a day that best suits them.

Volunteers may also be asked to do any of the following tasks during their shift if it is required and if time permits.

Required Tasks

- Hamper Preparation
- Maintenance (Painting/Building)
- Cleaning (Fridge/Vacuuming/Shelves)
- Recycling
- Food Sorting
- Food Pick Up
- Bulk Food Re-Packaging
- Fund Raising
- Food Purchasing

Best Times Available

- | | | |
|------------------------------------|-----------------------------|-----------------------------|
| <input type="checkbox"/> Monday | <input type="checkbox"/> AM | <input type="checkbox"/> PM |
| <input type="checkbox"/> Tuesday | <input type="checkbox"/> AM | <input type="checkbox"/> PM |
| <input type="checkbox"/> Wednesday | <input type="checkbox"/> AM | <input type="checkbox"/> PM |
| <input type="checkbox"/> Thursday | <input type="checkbox"/> AM | <input type="checkbox"/> PM |
| <input type="checkbox"/> Friday | <input type="checkbox"/> AM | <input type="checkbox"/> PM |
| <input type="checkbox"/> Saturday | <input type="checkbox"/> AM | <input type="checkbox"/> PM |
| <input type="checkbox"/> Sunday | <input type="checkbox"/> AM | <input type="checkbox"/> PM |